

"All women deserve to feel fabulous during every stage of life by balancing hormones and promoting wellness, vitality, and confidence" --Dr. Gail



Dr. Gail Jackson

Board-Certified Gynecologist, Menopause Specialist, Speaker, and Best Selling Author of *Absolutely Fabulous*

AVAILABLE FOR:

Keynote Presentations
Panel Discussions/Q&A

Breakout Sessions
Workshops

Radio/TV Appearances
Medical Expertise

Online Summits
Podcasts

SIGNATURE SPEAKING TOPICS

Absolutely Fabulous! Secrets to Feeling Fabulous Through Menopause & Beyond

- Understand the transition: what really happens during menopause
- Overcome common symptoms with practical lifestyle adjustments
- Hormone balancing strategies to boost energy, mood, confidence, and productivity

BALANCE and the Bottom Line

- Understand how balanced hormones maintain steady energy levels, sharpen mental clarity, and lead to more effective performance
- Discover techniques to stabilize mood swings to improve leadership, communication, and decision-making skills
- Learn essential options to proactively manage hormonal changes, ensuring long-term health, resilience, and success.

The Power of Bioidentical Hormones

- Demystifying BHRT: safety, benefits, and effectiveness
- Dispelling the myths and misconceptions around hormone therapy
- How individualized BHRT can help women thrive during perimenopause, menopause, and post-menopause

ABOUT DR. GAIL JACKSON

As the Board Certified Ob-GYN for the stars for over 30 years, Dr. Gail Jackson has always put women's health as the utmost priority. For the last fifteen years, Dr. Jackson has become a pioneer in perimenopausal and menopausal hormone balancing. She realized the options were very limited for women to feel fabulous throughout life. Never one to accept the status-quo, she found advanced approaches to preserve vibrancy. Dr. Jackson always offers the latest, *safest and effective* methods of therapies as her patients transition into their forties, fifties, sixties and beyond.

Discover the insider tips to feel *Absolutely Fabulous* through every stage of life!

With Dr. Gail Jackson's cutting edge knowledge, your audience will learn how to manage their hormones, energize their minds and bodies, and finally break free from stubborn menopause symptoms. Get ready for a thrilling, renewed sense of confidence, streamlined well-being, and the tools needed to thrive—without trial-and-error guesswork.

AUDIENCES WILL LEARN

- Practical steps for managing menopause symptoms and enhancing daily well-being
- Evidence-based insights into bioidentical hormone replacement therapy
- Strategies to improve energy, mood, and sexual health during midlife changes
- Techniques for building a lifestyle that supports long-term vitality and confidence

Book Dr. Gail for Your Next Event

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TESTIMONIALS

"As I continue to live life, I know that I have someone to confide in, to guide me in living the vital life that I will always want to live!" -- Queen Latifah

"With its engaging pros and actionable advice, Absolutely Fabulous promises to be an indispensable companion for women who refuse to accept the limitations often associated with aging. It offers hope, practical solutions, and a roadmap to feeling vibrant and empowered at any age." Angela Bassett

"One of the best turning points in my life was when I crossed paths with Dr Gail Jackson. I love knowing I have someone who truly understands how to make the aging process better! My hormone health has given me my youth back." Angela Gibbs

"Every woman needs a Dr. Gail. She is like a General leading you to victory over hormonal health after 40." -Tasha Smith



WHY BOOK DR. GAIL JACKSON

- **Expertise:** As a board-certified OB/GYN specializing in menopause and hormone therapy, Dr. Gail provides accurate and comprehensive medical insights.
- **Approachable Style:** She translates complex health information into easy-to-understand, actionable advice.
- **Holistic Approach:** Dr. Gail emphasizes whole-person wellness, blending medical solutions with nutrition, fitness, and mental well-being.
- **Track Record:** With a successful practice and a strong media presence, Dr. Gail's experience resonates with women seeking real, lasting solutions.

Previous Clients:

TEDx

EBONY



WELLS
FARGO

DREAMS
LUXURY FESTYLES

BBWR
NETWORK



BHWC
BEVERLY HILLS WOMEN'S CLUB



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